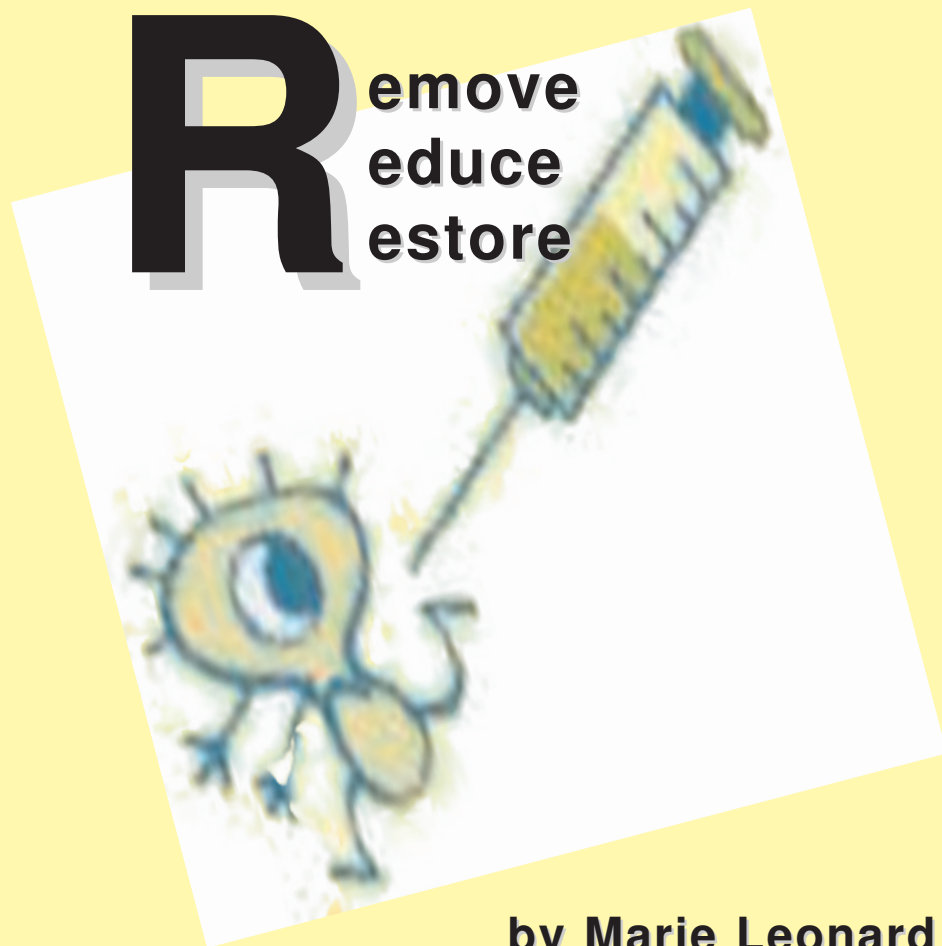


4 Easy Steps

Cleansing Vaccination Toxicity

Remove
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by Marie Leonard

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Introduction

In most countries , medical law upholds the right of all people to draw on a broad information base when deciding on medical treatments or drugs offered for themselves and/or their children, particularly treatments/drugs associated with serious health risks.

VACCINES ARE SUCH DRUGS.

I found myself having to deal with this topic when my daughter moved to one of only two states which do not allow religious or philosophical exemptions. As for medical ones, these are allowed or denied at the discretion of the health advisor. So, I was forced to delve deeper into the vaccination issue in order to find ways to counteract effects of such inoculations.

My granddaughter had never been immunized and at 8 years old was enjoying good health. Now she would be forced to comply with state regulations just to attend school. Home schooling was out of the picture.

After finding a solution, it came to me that others might need this same information.

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Foreword

Health authorities credit vaccines for disease declines, and assure us of their safety and effectiveness. Yet these assumptions are directly contradicted by government statistics, published medical studies, Food and Drug Administration (FDA) and Centers for Disease Control (CDC) reports, and the opinions of credible research scientists from around the world.

Vaccination safety is now a question that more people are inquiring about. You only need to Google to find tons of information on this topic. For me to cover every aspect of vaccination and or its perceived or actual side-effects would be senseless.

The myths about vaccination presented here are the research of Alan G. Phillips, J.D. an attorney in Chapel Hills, NC and co-founder of Citizens for Healthcare Freedom (CHF) along with added research of my own.

You may have already come across some of this information. However, you will benefit from my added research which focuses on reversing or greatly reducing the effects vaccinations can cause.

Whether you follow this map to help you detoxify or not, is up to you. However, the results will, in any case, promote better health and vitality.

MYTH #1:

"Vaccines are to be trusted..." ...aren t they?

The FDA estimates that as few as 1% of serious adverse reactions to vaccines are reported, and the CDC admits that only about 10% of such events are reported. A grassroots organization founded by parents of vaccine-injured and killed children, has conducted its own investigations and reports this: *"In New York, only one out of 40 doctors' offices confirmed that they report a death or injury following vaccination."*

In other words, 97.5% of vaccine related deaths and disabilities go unreported there. These findings suggest that vaccine deaths and serious injuries actually occurring may be from 10 to 100 times greater than the number reported.

Studies internationally have shown vaccination to be a cause of SIDS (SIDS, Sudden Infant Death Syndrome). One study found the peak incidence of SIDS occurred at the ages of 2 and 4 months in the U.S., precisely when the first two routine immunizations are given. Another study found that 3,000 children die within 4 days of vaccination each year in the U.S. Even more evidence exists that links vaccination to autism and that link is mercury which is an ingredient still present in some vaccines.

Why Don't the Amish Have Autistic Children?

One reporter set out to analyze the autism rates among Amish communities where no vaccination is allowed. Why? Because perhaps searching for autistic Amish children would reveal clues to the cause of autism ... and it did.

The Clues Come Together

Since they have been cut off for hundreds of years from American culture and scientific progress, the Amish may have had less exposure to some new factor triggering autism in the rest of the population. The likely culprit: vaccines.

Traveling to the heart of Pennsylvania Dutch country in search of autistic Amish children, Dan Olstead, should have found as many as 200 children with autism in the community -- instead, he found only three, the oldest age 9 or 10. For a more complete picture click Dan's name to an excellent website or visit <http://www.whale.to>

Mercury, The Culprit!

In some vaccines, they use a mercury-based preservative called thimerosal that keeps multiple-dose vials from becoming contaminated by repeated needle sticks. Approximately 12 out of the 18 vaccine doses the average American child receives before the age of two contain thimerosal. Cumulatively, that's more than 200 micrograms of mercury, which would fit on the head of a pin.

According to the EPA, dropping that pin-head of mercury into 23 gallons of water would make it unsafe for human consumption. And we allow this substance to enter our bodies and that of our children. Although thimerosal is no longer used as an additive, its presence is still being felt and more and more children are suffering because of it. *Washington Times April 18, 19. 2005, where full article is available.*

Are new vaccines laced with birth control drugs?

In the early 90's, Nicaragua, Mexico, and the Philippines were the recipients of a massive vaccination campaigns against tetanus. The Comite' Pro Vida de Mexico was suspicious of the campaign protocols and was able to obtain several vials of the vaccine and had them analyzed by chemists. Some of the vials were found to contain human chorionic gonadotrophin (hCG), a naturally occurring hormone essential for maintaining a pregnancy.

Only the women were inoculated given three injections within three months for a total of five altogether. This is curious since tetanus vaccinations provide protection for ten years or more, why are multiple inoculations called for? And why were the men not vaccinated also?

More incriminating is the fact that the World Health Organization (WHO) has been actively involved for more than 20 years in the development of an anti-fertility vaccine utilizing hCG tied to tetanus toxoid as a carrier -- the exact same coupling as has been found in the Mexican-Philippine-Nicaragua vaccines. Coincidence?

So what about the HPV vaccine targeting our young girls?

Judge for yourself! An Australian Naturopath and Iridologist Michael Blake, of Natures Cure Pty Ltd in Dandenong, Melbourne is very concerned at what he has seen in the irises of young girls that he treated. In 3 of the girls, he saw tissue damage in the area of the iris that corresponds to the uterus, and in another he saw drug residue. On reporting back to the patients what he was observing, he was informed that the girls had recently received the cervical cancer vaccine. All were virgins.

Tissue damage in the uterus is what he sees in women who have had such things as abortions and prolapses, and can be a precursor to cancer. It can also cause infertility - as it can prevent the embryo from being able to hold on to the uterus wall. Other results found are lack of sensitivity with sexual intercourse, pain, discomfort and/or frequent discharges.

Note that it has already been observed that one of the ingredients in the vaccine, polysorbate 80, causes infertility in mice. Borax is another added ingredient. I use it to kill ants. Now add neurotoxic immune system sensitiser aluminium hydroxyphosphate, and directly inject all of that past the very important natural lines of defence in the immune system. There is something very wrong with this picture!

TRUTH #1:

Vaccines cannot be trusted as even data from so-called reliable sources contradicts itself. Sadly, the emotional and financial burden of side-effects are left for the families to deal with as recent government policies have nearly exempted drug companies from all reprisals.

MYTH #2:

"My child had no reaction to the vaccines, so there is nothing to worry about..." ...or is there?

The documented long term adverse effects of vaccines include chronic disorders such as autism, hyperactivity, attention deficit disorders, dyslexia, allergies, cancer, and other conditions, many of which barely existed before mass vaccination programs.

Vaccine ingredients include thimersol (a mercury derivative), aluminum phosphate, formaldehyde (for which the Poisons Information Centre in Australia claims there is no acceptable safe amount that can be injected into a living human body), and phenoxethanol (commonly known as antifreeze).

Mercury poisoning and autism have nearly identical symptoms, and a single day's vaccination regimen may inject 41 times the level of mercury known to cause harm. Some infants receive 100 times the EPA's maximum allowable amount of mercury through vaccines.

TRUTH #2:

The long term adverse effects of vaccinations have been ignored in spite of compelling correlations with many serious chronic conditions. Most doctors ignore vaccinations as a possible source.



Bacterial Infection



MYTH #3:

"Vaccinations are mandatory..."...aren t they?

Unlike some countries, immunization is not mandatory in Canada; it cannot be made mandatory because of the Canadian Constitution. Only three provinces have legislation or regulations under their health-protection acts to require proof of immunization for school entrance. Ontario and New Brunswick require proof for diphtheria, tetanus, polio, measles, mumps, and rubella immunization. In Manitoba, only measles vaccination is covered.

It must be emphasized that, in these three provinces, exceptions are permitted on medical or religious grounds and reasons of conscience; legislation and regulations must not be interpreted to imply compulsory immunization." *Immunization in Canada - Volume: 23S4 - May 1997 - Canadian National Report on Immunization, 1996 Health Canada Website.*

However, Ontario health officials are loathe to inform parents that their school age children have the legal right to exemption from any or all vaccines, nor do they wish the public to know that this right is guaranteed in the *Immunization of School Pupils Act*.

The Act was amended in 1984 to include exemptions for philosophical reasons. It also includes the right to exemption for religious reasons. These exemptions also apply for nursery school children and those attending day care. Vaccine exemption forms can be obtained from your local health department. Ask for form #2. This needs to be filled out, notarized and given to your child's school. Parents are advised to retain a copy for their own files, as schools often lose the forms, and the process then has to be repeated.

In the December 1994 Medical Post, Canadian author of the best-seller Medical Mafia, Guylaine Lanctot, M.D., stated, "*The medical authorities keep lying. Vaccination has been a disaster on the immune system. It actually causes a lot of illnesses. We are actually changing our genetic code through vaccination... 100 years from now we will know that the biggest crime against humanity was vaccines.*"

For those living in the U.S., the question to vaccinate or not is a little more complicated. There are two basic truths you should never forget. They are the foundation upon which all your actions are based.

1. Nobody, anywhere or any time and under any circumstances has the right or power in the United States to immunize you or your children against your will and conviction. If they attempt to do so, you can legally charge them with "assault with a deadly weapon" and have the full resources of the law behind you.

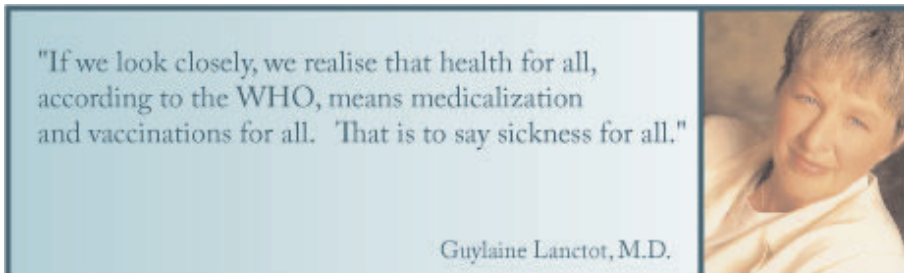
2. At all times in attempting to avoid unwanted immunization, you have the Law of the Land behind you. Those who would try to vaccinate you against your will are on very shaky ground. Into every compulsory immunization law in America are written legal exceptions and waivers which are there specifically to protect you from the attempted tyranny of officialdom. It is not only your right, but your obligation to use them, if this is what your conscience tells you.

While all 50 states have immunization requirements, 28 allow parents to opt out for medical or religious reasons. Another 20 states allow parents to opt out for personal or philosophical reasons as well, while Mississippi and West Virginia allow parents to opt out for medical reasons only. Sadly, the American Medical Association is actively promoting the abolishment of religious and philosophical exemptions. For copies of forms for medical, religious or philosophical exemptions, you can visit:

<http://www.vaclib.org/exemption.htm>

TRUTH #3:

Immunization is not mandatory in Canada & exemptions are available. In the US, control is somewhat tighter but most States will allow an exemption based on religion, philosophy or doctor s signature.



MYTH #4:

"Sound reseach is behind the vaccination program.." ...really?

The clinical evidence for vaccines is their ability to stimulate antibody production in the recipient. What is not clear, however, is whether or not antibody production equals immunity. Research indicates that vaccination commits immune cells to the specific antigens in a vaccine, rendering them incapable of reacting to other infections. In other words, the antibodies are busy watching the front door while the back is left wide open.

Surprisingly, vaccination has never actually been clinically proven to be effective in preventing disease, for the simple reason that no researcher has directly exposed test subjects to diseases (nor may they ethically do so). If a vaccinated individual is exposed to a disease and doesn't get sick, it is impossible to know whether the vaccine worked, because there is no way to know if that person would have developed symptoms if he or she had not been vaccinated. It is also worth noting that outbreaks in recent years have recorded more disease cases in vaccinated children than in unvaccinated children.

Another surprising aspect of immunization practice is the "one size fits all" aspect. An 8 pound 2 month old baby receives the same dosage as a 40 pound five year old child. Infants with immature, undeveloped immune systems may receive five or more times the dosage, relative to body weight, as older children.

Furthermore, the number of "units" within doses has been found in random testing to range from $\frac{1}{2}$ to 3 times what the label indicates; manufacturing quality controls appear to tolerate a rather large margin of error, maybe at the cost of your child.

Finally, vaccines are administered with the assumption that all recipients-regardless of race, culture, diet, genetic makeup, geographic location, or any other characteristic-will respond the same.

This was perhaps never more dramatically disproved than a few years ago, where stepped-up immunization campaigns in native aborigines resulted in an incredible 50% infant mortality rate. One must wonder about the lives of the survivors, too; if half died, surely the other half did not escape unaffected.

What other factors not accounted for in vaccination theory will surface unexpectedly to reveal unforeseen or previously overlooked consequences?

We cannot begin to fully comprehend the scope and degree of the danger until public health officials begin looking and reporting in earnest. In the meantime, entire countries' populations are unwitting gamblers in a game that many might very well choose not to play if they were given all the rules in advance.

TRUTH #4:

Remember what "assume" means? It makes an "ass" of "you" and me! The immunization theory and practice ~~assumes~~ that vaccines will prevent illness. No proof exists to support it but tons of information exists to disprove it. So who is in control?

"The further I looked into it the more shocked I became. I found that the whole vaccine business was indeed a gigantic hoax. Most doctors are convinced that they are useful, but if you look at the proper statistics and study the instance of these diseases you will realise that this is not so."

Archie Kalokerinos A.M.M., M.B.B.S., Ph.D., F.A.P.M.



MYTH #5:

"Childhood diseases are extremely dangerous..."...right?

Most childhood infectious diseases have few serious consequences in today's modern world. Even conservative CDC statistics for pertussis during 1992-94 indicate a 99.8% recovery rate. In fact, when hundreds of pertussis cases occurred in Ohio and Chicago in the fall 1993 outbreak, an infectious disease expert from Cincinnati Children's Hospital said, *"The disease was very mild, no one died, and no one went to the intensive care unit."*

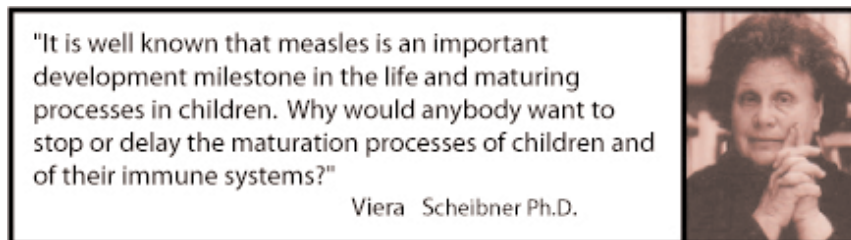
The vast majority of the time, childhood infectious diseases are benign and self-limiting. They usually impart lifelong immunity, whereas vaccine-induced immunity is only temporary. In fact, the temporary nature of vaccine immunity can create a more dangerous situation in a child's future.

For example, the new chicken pox vaccine has an effectiveness estimated at 6 - 10 years. If effective, it will postpone the child's vulnerability until adulthood, when death from the disease, while still rare, is 20 times more likely than in childhood.

Not only are most infectious diseases rarely dangerous, they can actually play a vital role in developing a strong, healthy immune system. Persons who have not had measles have a higher incidence of certain skin diseases, degenerative diseases of bone and cartilage, and certain tumors, while absence of mumps has been linked to higher risks of ovarian cancer.

TRUTH #5:

Dangers of childhood diseases are greatly exaggerated in order to scare parents to agree to the vaccination regimen. Remember, vaccination is a highly profitable procedure!



MYTH #6:

"Polio vaccination is one great success story..." isn't it?

Six New England states reported increases in polio one year after the Salk vaccine was introduced, ranging from more than doubling in Vermont to Massachusetts' astounding increase of 642%; other states reported increases as well. The incidence in Wisconsin increased by a factor of five. Idaho and Utah actually halted vaccination due to the increased incidence and death rate.

In 1959, 77.5% of Massachusetts' paralytic cases had received 3 doses of IPV (injected polio vaccine). During 1962 U.S. Congressional hearings, Dr. Bernard Greenberg, head of the Dept. of Biostatistics for the University of North Carolina School of Public Health, testified that not only did the cases of polio increase substantially after mandatory vaccinations—a 50% increase from 1957 to 1958, and an 80% increase from 1958 to 1959—but that the statistics were deliberately manipulated by the Public Health Service to give the opposite impression.

It is important to understand that the polio vaccine was not universally accepted, at least initially. Despite this, polio declined both in European countries that refused mass vaccination as well as in those that employed it.

According to researcher-author Dr. Viera Scheibner, 90% of polio cases were eliminated from statistics by health authorities' redefinition of the disease when the vaccine was introduced, while in reality the Salk vaccine was continuing to cause paralytic polio in several countries at a time when there were no epidemics being caused by the wild virus.

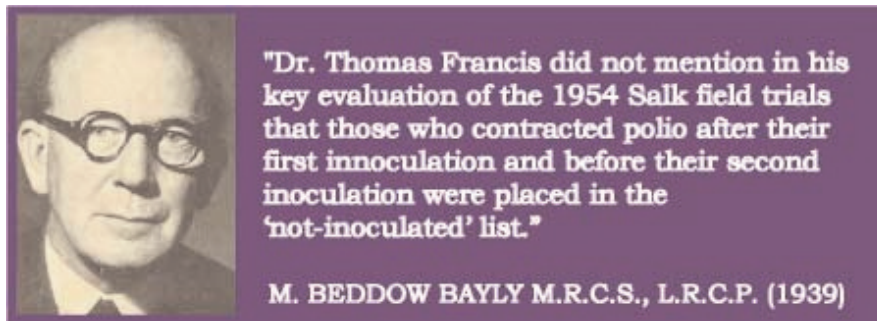
For example, cases of viral and aseptic meningitis, which have symptoms similar to polio, were routinely diagnosed and recorded as polio before the vaccine, but were distinguished and removed from polio statistics after the vaccine. Also, the number of cases needed to declare an epidemic was raised from 20 to 35, and the requirement for inclusion in paralysis statistics was changed from symptoms that lasted for 24 hours to symptoms lasting 60 days (many polio victims' paralysis was temporary).

It is no wonder that polio decreased radically after vaccines—at least on paper. In 1985, the CDC reported that 87% of the cases of polio in the U.S. between 1973 and 1983 were caused by the vaccine, and later declared that all but a few imported cases since were caused by the vaccine—and most of the imported cases occurred in fully vaccinated individuals.

Why was no action taken to stop vaccinations when Jonas Salk, inventor of the IPV, testified before a Senate subcommittee that nearly all polio outbreaks since 1961 were caused by the oral polio vaccine? There can be only one answer: follow the money! To be sure, polio as it was known in the first half of the 20th century does not exist today. However, declines following polio peaks in the late 1940's and early 1950's had been underway again for a period of years by the time the vaccine was introduced.

TRUTH #6:

Health authorities deliberately covered up the fact that polio was already on the decline when the vaccine was introduced and temporarily caused an increase. In Europe, both countries that supported or declined the vaccine had less reported polio cases.



MYTH #7:

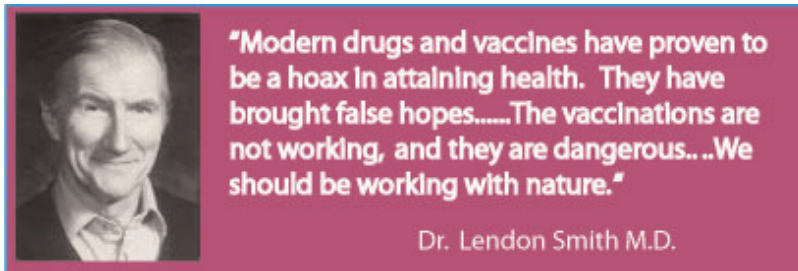
"Vaccines are always effective"... aren't they?

The medical literature has a surprising number of studies documenting vaccine failure. Measles, mumps, small pox, pertussis, polio and Hib outbreaks have all occurred in vaccinated populations.

In 1989, the CDC reported: *"Among school-aged children, [measles] outbreaks have occurred in schools with vaccination levels of greater than 98 percent. [They] have occurred in all parts of the country, including areas that had not reported measles for years"*. The CDC even reported a measles outbreak in a documented 100% vaccinated population. A more recent study found that measles vaccination "produces immune suppression which contributes to an increased susceptibility to other infections".

TRUTH #7:

Evidence from numerous sources suggests that vaccination is an unreliable means of preventing disease.



MYTH #8:

"Disease rates are low because of vaccines ...right?"

According to the British Association for the Advancement of Science, childhood diseases decreased 90% between 1850 and 1940, paralleling improved sanitation and hygienic practices, well before mandatory vaccination programs.

The Medical Sentinel recently reported, "from 1911 to 1935, the four leading causes of childhood deaths from infectious diseases in the U.S. were diphtheria, pertussis, scarlet fever, and measles. However, by 1945 the combined death rates from these causes had declined by 95 percent, before the implementation of mass immunization programs."

A recent World Health Organization report found that the disease and mortality rates in third world countries have no direct correlation with immunization procedures or medical treatment, but are closely related to the standard of hygiene and diet. Credit given to vaccinations for our current disease incidence has simply been grossly exaggerated, if not outright misplaced.

TRUTH #8:

There really is no clear picture that vaccines had an impact on 19th and 20th century infectious disease declines.

MYTH #9:

"Vaccination is the only answer in preventing disease ...correct?"

Most parents feel compelled to take some disease-preventing action for their children. While there is no 100% guarantee anywhere, there are viable alternatives. Historically, homeopathy has proven many times to be more effective than modern medicine in the treatment and prevention of disease.

In a U.S. cholera outbreak in 1849, modern medicine saw a 48-60% death rate, while homeopathic hospitals had a documented death rate of only 3%. Roughly similar statistics still hold true for cholera today. Recent epidemiological studies show homeopathic remedies as equaling or surpassing standard vaccinations in preventing disease.

There are reports in which populations that were treated homeopathically after exposure had a 100% success rate—none of the treated caught the disease. There are homeopathic kits available for disease prevention. And since these remedies have no toxic components, they are totally safe with virtually no side-effects.


In addition, homeopathy has been effective in reversing some of the disability caused by vaccine reactions, not to mention many other chronic conditions with which modern medicine has had little success. A little further, I map out the recovery program I had my daughter follow for my granddaughter.

TRUTH #9:

The medical establishment has attacked and suppressed the success of effective alternative choices to vaccination. Why?

"The use of vitamin C in measles proved to be a medical curiosity. During an epidemic vitamin C was used prophylactically and all those who received as much as 1000 mg. every six hours, by vein or muscle, were protected from the virus."

Frederick R. Klenner, M.D., F.C.C.P. (1949)



MYTH #10:

"The public's health is placed above all other concerns" ...isn't it?

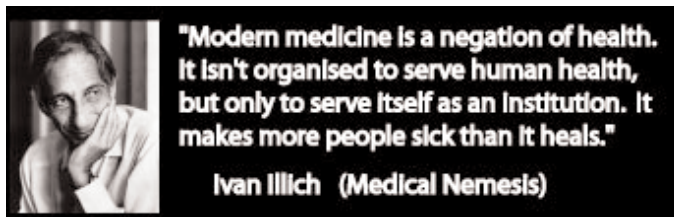
Vaccination history is riddled with documented instances of deceit portraying vaccines as mighty disease conquerors, when in fact vaccines have had little or no discernable impact on-or have even delayed or reversed pre-existing disease declines. Many doctors even today still refuse to diagnose diseases in vaccinated children, and so the "Myths" about vaccine success persist.

Conflicts of interest are the norm in the vaccine industry. Some members and Chairs of the FDA and CDC vaccine advisory committees own stock in drug companies that make vaccines; individuals on both advisory committees own patents for vaccines under consideration or affected by the decisions these committees make.

In an October 1999 statement to Congress, Bart Classen, M.D., M.B.A., founder and CEO of Classen Immunotherapies and developer of vaccine technologies, stated, *"It is clear...that the government's immunization policies... are driven by politics and not by science. I can give numerous examples where employees of the US Public Health Service ...appear to be furthering their careers by acting as propaganda officers to support political agendas"*. In France, 15,000 French citizens have sued their government over adverse Hepatitis B vaccine reactions. Former public health officials there are serving prison sentences following findings that they did not follow the law to ensure the safety of the vaccine, and school-age Hep B vaccination has been discontinued. Should we be so evolved!

TRUTH #10:

Sadly, too many public health officials in charge of drug approvals profit substantially from their policy decisions and therefore stand against anything and anyone that would threaten their position.



**Cleansing is the
answer!**

**Next is the how of
cleansing, reducing
or eliminating
vaccination toxicity
in an easy and
affordable way.**

Vaccines: Are there Natural Solutions?

(The following was written by Dr. Wade Rafacz,(B.Sc. HB,B.Sc.Hon Kin, Human Biologist, Kinesiologist, CK) consultant for Breakthrough In Family Health.)

I would like to discuss other ways in which to look at the vaccine issue. People are too eager to use a "magic bullet" to become healthy. If a man was on the operating table because of a heart attack, and was given Nitroglycerine to open his blocked arteries, is he now healthy?

If a disease was coming, like a new flu, can just a shot from last year's strain save me? If this were true, many illnesses would be eliminated. However, as a society we are getting sicker, and health care is still seeking that magic bullet. Nature, in many ways has already provided help; all we have to do is look.

In order to have a healthy immune system there must be proper function of the liver, a positive mental attitude (stress reduction), proper elimination, and proper nutrition. The magic bullet may give immune system stimulation, but how does it address the other aspects of one's life that allow the malfunction of the immune response in the first place?

Natural immunity can be achieved by maintaining the body's Physical, Chemical and Bacteriological barriers. So what can be done to change our lowered state of health?

Infection and disease prevention:

Let's start with breast-feeding, which is an important key to immunity. The infant phase of life is the most dangerous time to vaccinate causing damage that can disrupt the child's natural immunity for life. This is because the child has not yet had a chance to develop it's own immunity (not fully developed until the age of 7 years), and must depend therefore on the mother's, not a genetically engineered soup of various pathogens.

Vaccine Injury Prevention/Recovery

Priorities for disease prevention are: Consumption of organic, whole foods, the proper amount of sleep, good quality water, supplemental vitamins, and fish oils.

The first item to consider is to ensure proper bacteria flora in the digestive system.

Problems can occur due to bottle feeding and/or antibiotic use. These factors increase the susceptibility to many diseases such as: pertussus, tetanus, and measles. (Dr. Archie Kalokerinos, MB, BS. from the book, Every Second Child).

The use of Vitamin A, C and fish oils will greatly boost the immune system. (Dr. Mary Megson). Knowledgeable persons can guide the use of these suggestions. Vaccine toxicity can be the cause of many problems and the elimination of the toxins is a top priority.

Every week I am faced with vaccine related illnesses. Once the toxicity is removed, health can finally be a realistic goal to achieve. In my observations, dealing with ill health, there are many underlying stressors, however diet and chemical stressors seem to play the biggest role. Careful testing will point to the aggressive agent causing ill health. This takes time and commitment. The "magic bullet" is certainly not the answer for continued good health.

Wade Rafacz, B.Sc. HB, B.Sc. Hon Kin
Human Biologist, Kinesiologist, CK

Disclaimer: Dr Wade Rafacz is expressing a personal view about immunization/vaccination and is not acting in his professional capacity.

My Findings: The Economical Way

So with all of that said, we finally come to the part where I have pieced together my recipe for reducing or reversing the side-effects of vaccinations.

This is done in 4 parts. It is economical, easy and effective. I am not saying that this is the only way but what I am saying is that you can do it at home for very little money.

What I am assuming right from the start:

I am assuming that whole foods such as organic vegetables and legumes make up the greater part of your diet.

I am assuming that junk food and cola are foods you avoid.

I am assuming that vitamin supplements such as, Omega 3, Vit C, CoQ10, selenium, calcium and a good quality daily mutli, boost your daily nutrient intake.

Part 1:

Throughout my research, heavy metal toxicity seems to be a major cause of illness. And since vaccines are one of the major sources of heavy metals, it doesn't take a genius to deduce that one must start by eliminating these toxins first and foremost.

Method 1:

Detox Patches:

A Detox Pad / Patch, or more commonly known as foot pads (patches) or sap sheets, is made from totally natural tree and bamboo extracts. The Japanese have known about these natural extracts for centuries and have passed the knowledge down through the generations.



The foot pads are reputed to relieve fatigue, joint pain, headaches, skin rashes and many other health problems. More importantly, they leach the toxins/heavy metals from the body. They are applied to the bottom of both feet before bed.

Applying the pads is like receiving a 24 hour reflexology treatment. Reflexology is an ancient healing art, using a specialized version of compression and touch that focuses on the feet. Reflex points in the feet reflect the entire body, and stimulating these reflex points promotes equilibrium in the corresponding area of the body.

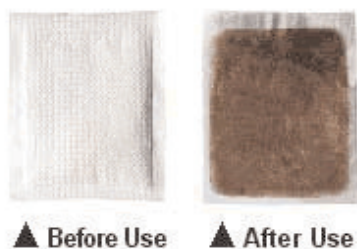
How does it work?

The patches work through osmosis, similar to that of a plant where tree roots transport water to other branches utilizing its semi-permeable membrane. The heat from the Detox Pad (Patch) helps absorb perspiration from the bottom of our foot.

The bottom of the foot is the location where most of the nerves in our body end. Therefore, the detox pad is best used on the sole of the foot to clean out waste and toxic materials that are expelled in the form of sweat.

I rely greatly on the foot patches specifically made for heavy metal detoxification. There are many suppliers of foot patches, some expensive, some not so much. But quality is the most important aspect to consider. Be careful of cheap imitations and false claims of being US FDA registered. Lower grade detox pads, made outside Japan, may contain lower quality vinegars that can be hazardous to your health.

That is why I rely on <http://www.healthmarvelsdetoxpatch.com> out of California. You can purchase 60 patches, a 30 day supply, for less than \$1 per patch. Cleansing in this fashion matches your budget and the results are just as good if not as fast as other means. Considering the cost one visit to a natural health care provider would be, this is a great deal!



An alternative to the patch would be the ionic detox foot bath, but at a cost of at least \$600 minimum for a machine, I have ruled this option out.

I also ruled out IV chelation therapy. This is a very aggressive method but it is also quite expensive, usually done in 10 sessions costing from \$150 to \$300 each, in Canada.

Part 2:

This section may raise some eyebrows, but if you are reading this book, it means that you are interested in reducing or even reversing vaccination injuries and that you are open to all the information, no matter how odd it sounds.

Recipe 2:

For my daughter to get my granddaughter ready for her inoculations, I asked her to put Karl's Formula drops in her ears the night before and after the shot. And every night after that if there were any visible symptoms such as runny nose, headache, fever and listlessness.

So what is Karl's Formula?

The discovery of Karl's Formula may be one of the most important health breakthroughs of the 21st century. This is the bizarre but true story of Karl, a mute, insane, 104 year old German scientist, who appears to have developed what amounts to be a formula effective against ALL infectious disease.

In the Dominican Republic is a health clinic run by Dr. Diaz, an advocate of natural therapies. During the late 90's, old man Karl hung around the clinic but it was impossible to communicate with him. One day, Dr. Diaz mentioned he felt a cold coming on. The old man produced a small bottle, handed it to Dr. Diaz and pointed to his ears. Dr. Diaz sniffed the solution and lied down and put a few drops in his ears. "Something is happening!" he exclaimed. Within 12 hours the symptoms had vanished.

Karl was asked for more of his formula and the following day he brought a litre. During the next three years, this so-called magical solution was tested on 18 senior volunteers. The results totally defied the statistics.

Karl died in 2002, from a severe electric shock, which temporarily brought him back to the real world. For a few minutes before he died, he was lucid and said about the formula, that "*ENERGY is the secret!*" and that he had gotten it from an angel (yes, quite bizarre!). He died before he could disclose how to produce it, but was able to say that a priest, Father Santiago, in Rota Spain, had his diary.

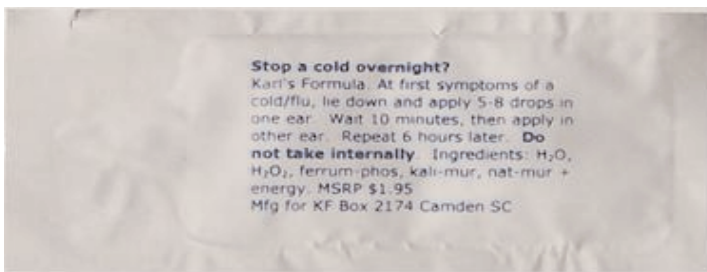
After acquiring the diary from Spain, it wasn't until November of 2005 that the new formula was found to kill as many pathogens in the laboratory as the original. Even so, this was NOT evidence that it worked on humans.

In December 2006, after six months of beta testing with over 500 volunteers, the verdict was in. Karl's Formula worked! About 80% of the volunteers noticed NOTHING, except that they were not sick. One does not notice being well.

This ends an extraordinary story but it certainly does not end the beneficial effects Karl's Formula has had on every user so far. KF is applied topically, in the ears, at the FIRST symptom of infectious illness and again 4-6 hours later.

I have used KF numerous times for myself, my family and my clients. Kf has cleared headaches for my husband, coughing spells for my granddaughter, cured earaches for my mother and stopped a cold/flu from starting even for an 18 month old baby.

My daughter puts KF drops in my grandddaughter's ears the night before and the morning of the day she is to get vaccinated in order to "catch up" to the other children. So far, she has not had any fever, nausea or illness of any kind. You may be thinking that she may not have had any problems in the first place. I prefer to think that she is getting all that she needs to avoid any possible problems.



<http://www.vaccinationtoxicity.com/kform.html>

Now
Karl's
Formula
can be
found on
the web:



Part 3:

Part 3 focuses on a mode of therapy that every one should be aware of, regardless of good or poor health. Some of you may have come across this information and I am sure many of you have not. That's why I thought it should be included in this book as I want to give you the most information I can.

Recipe 3:

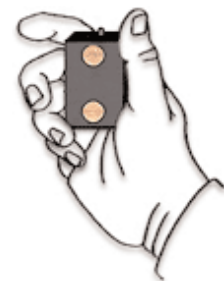
Often, newspaper headlines include the findings of major medical studies where yet another parasitic virus has been found to cause yet another disease.

What is interesting about these findings is that Dr. Hulda Clark was making these same connections in the 1950's. It was Dr. Clark's theory that these virus could be killed. To this end she invented The Frequency Generator, (Zapper), and wrote her first book "The Cure For All Diseases".

In 1966, inspired by Dr Clark's book, Don Croft bought a generator which later led him to discover the work of Dr. Reich on orgonite. He then experimented with orgonite and decided to add it to the Zappers which turned them into devices with a healing, regenerative effect that was mostly lacking in simple Zappers.

Thus the Terminator was born, his main zapper model, which many other manufacturers, here and abroad, are now emulating. In order to keep a competitive edge on the market, Don added a proprietary mix of gems and minerals to each Zapper's 'Orgonite' block to enhance the interactive response of the healing, restorative processes in the body.

Zappers obviously work because a very weak electric field, introduced through the skin, ionizes the parasites' environment causing them to 'drop' for positive-charged colloidal suspension in living but polluted blood and tissue. Their skin depends on that lack of ions in order to keep its integrity! A picture of the killed worms from the first zapping session of a client can be seen on his website.



I have been using the Terminator for the last 4 years with great results. It has helped keep my PH more alkaline and has therefore kept disease at bay. I greatly recommend his zapper above all others. You can find it here:
<http://www.worldwithoutparasites.com>

Part 4:

The last component to my “reverse vaccination damage” scenario is based in homeopathy. You might be saying “*But I will have to go see a homeopath for remedies and it will cost way too much for me to afford*”. Not so! You will be your own homeopath!

Recipe 4:

There are other homeopathic remedies out there, but as I said before, I want to give you the best map for the best price. So we will be entering the world of Auto Sanguine Therapy.

This method may sound radical but keep in mind effectiveness and cost. Here is how this works.

Draw a drop of blood (the vaccine is in the blood... And everything else you have circulating is also there), from the infected person and place the drop in a vial. Add to this 99 drops of alcohol (Vodka) and shake well, banging against a hard surface about 40 times. This is now a Homeopathic solution at 1C. Then take 1 drop from this dilution and place into a new clean vial to which you add again, 99 drops of Vodka and repeat the shaking. This second vial will be 2C. (Label all vials). Continue with this process of removing 1 drop from the latest version into a new vial and adding alcohol etc., until you have 30 vials. The last vial will be 30C.



This is now a potent remedy made from the person’s own blood. Homeopathy works on the principle of “Like Cures Like”. Take one drop of this potency 3 times a day for a couple of days. It should take care of everything, not only the vaccine, but also old stuff circulating in your blood.

Final Comments:

So there you have it! I hope that you will use some of these therapies or maybe all of them to help yourself or someone you love get better. My way is certainly not the only way but it does cleanse toxicity and it is economical.

I am not a doctor and this protocol is the result of my research only and not supported by the FDA or the Health Protection Branch, Canada.

The information presented herein represents only my view as of the date of publication. It should not be construed as personal medical advice or instruction. No action should be taken based solely on the contents of this book. Readers should consult appropriate health professionals on any matter relating to their health and well-being.

The information and opinions provided here are believed to be accurate and sound, based on the best judgment available to the author, but readers who fail to consult appropriate health authorities assume the risk of any injuries. The publisher is not responsible for errors or omissions.

Because of the rate with which conditions change, the author reserves the right to alter and update her opinions based on the new conditions. Any slights to people or organizations are unintentional.

Thank you and the best of health to you and your family. If you wish to let me know your results, please do so.

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About The Author

Marie Leonard has not only been an active and dedicated health researcher for the last 14 years, but she is also a certified reflexologist and seated massage practitioner. She coaches clients in nutrition, practices pain therapy and Quantum Touch, a form of hands-on energy healing with astounding results.

From 2003 to 2006, Marie published a local newsletter for the residents of her town. The *HeadsUp Cochrane* newsletter focused on revealing local coverups. Her health column, *Au Natural*, was a popular review for many readers as she unveiled little known information deliberately kept from the general public.

Her decision to write this book was mainly prompted by the need to discover an easy and affordable way to counter-act the effects of vaccination for her granddaughter who moved to Mississippi in early July 07. Not having been vaccinated, her granddaughter enjoyed good health but had to be inoculated to attend school as home schooling was not an option.

Having found the answers, Marie wanted to share her discovery with others and thus was born ***Cleansing Vaccination Toxicity***.